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The ScotchTape

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Featuring the voice of the students of La Habra High School since 1954!

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Opinion



Long Lunch Fridays Reduced to Once-per-Month

With our Friday Long lunches being reduced to once-per-month, students at La Habra High School are looking for clarification and hope for an eventual change back to the way it used to be: Friday Long lunches for all. Freshman Abel Salazar said that he feels

by Audrina Renteria
Like having the privilege of a regular weekly Long Lunch would allow him to have more time to make memories and socialize with his friends. “It would gives us more opportunities to be around and get used...

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Entertainment

Will DC’s *Black Adam* be Dead on Arrival?

by Jacob Metzen



After the success of The Batman, DC is trying their luck again and releasing Black Adam, starring Dawyne Johnson, on October 21st, 2022. Since the release of Marvel Studios’ Iron Man in 2008, Marvel has developed a cinematic universe that appeals to both fans and the general public, which is something that DC is trying to compete with. However, in terms of box office and critical reviews, they have been coming up short.

Over the course of 15 years, Marvel has produced 29 movies and 6 TV shows while DC has produced 12 movies and 1 TV show during the same time period. DC has had a rough start and slow pace due to production issues and the approval of projects but they have had some critical and financial success with movies such as Aquaman, Shazam, and The Batman.

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Student Life



The Campus Squirrels

by Nate Forquer

A specter is haunting La Habra High School, the specter of squirrels. That, of course, was a twist on the opening line of the Communist Manifesto, but instead of Europe and communism, it’s all about LHHS and squirrels. Since the dawn of time, squirrels have made La Habra their home. There’s no telling how many there are, but they’ve started to assimilate. These squirrels have become used to humanity,

nothing phases them, no amount of students roaming school grounds will scare them away. In fact, students have been feeding them anything from tree nuts to their lunches. As a result, the campus squirrels are noticeably bigger than ones you may find elsewhere. These rodents lurk anywhere from the trees to the quad, searching for scraps of food...
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Student Life

The Campus Squirrels

By Nate Forquer

(continued from the first page)...or a student willing to give them food. They traverse the lunch tables with ease, so be sure to keep an eye on your backpack.

Our furry friends on campus, not to be confused with the ones at the farm, have



become quite popular among students. They have become so notable that it's almost a small event when a squirrel is roaming the quad. Phones are always out, cameras rolling. All the while the squirrel is roaming around, jumping on top of benches and tables, and eating food right from the hands of students.

"I think both the squirrels and students are getting bolder during interactions," said senior Olivia Resendez.

Speaking of students, the squirrels have

created somewhat of a cult of personality amongst the students. An Instagram account has even been made where students can submit pictures and videos of their favorite La Habra High School squirrel moments.

Sharing her thoughts on the social media account, senior Chloe Stouffer said "It definitely is making students on campus more aware of their presence."



We must realize that the squirrels will never leave our campus, and as long as our school stands, the students will never leave either. If we are to live in a state of harmony with these rodents, we must keep order between humanity and squirrel kind.

Live Music Engages Students

by Raegan Arroyo

It seems to be that concerts make their way to the west coast every time this year, and students of La Habra can't help but attend the concerts of the artists they love most! Between picking an outfit, hoping to hear your favorite songs, and figuring out how you'll attend school the next day, there's a lot that goes into concerts.

Junior Chloe Hart recently attended a Pitbull (Mr. Worldwide) concert at the Hollywood Bowl. She noted how well he engaged the crowd, and if having to give advice she would say, "I very much recommend seeing a Pitbull concert with your best friends! A night I will never forget!"



Senior Emma McGraw, also recently attended a concert of a much different tone

to Pitbull, instead seeing Morgan Wallen at the Crypto.com Arena. When reviewing the concert she also gave homage to the stadium saying "Really good seats that lets us all see every bit of the stage." Of the concert itself she said "[He] Sang every song exactly like it sounds, and it was so loud i could actually hear all of it!"



Concerts certainly have a way of engaging people, and more specifically the students of La Habra, who were moved by the greatness that is live music.

Students Tackle Late Start Days

By Allie Valentine

Beginning this school year, La Habra has incorporated two late start days that happen every other wednesday of the month. Late Start days begin at 9:35am, which gives students an extra hour in the morning, but what are our students really doing with their extra hour?

Sleepy Students:

One of the best things about late start is that you can sleep in.



"I like taking the extra hour to sleep in on late start days. I prefer a late start because I get to sleep in and the classes are shorter but I wouldn't want it everyday. I like keeping it special," said senior Keion Afford



Another senior, Mario Evens stated, "On late start days I usually sleep in. I would only want the school to regularly start at 9:35 if we still got out at 3:30."

"I sleep in on late start days. I wouldn't want to have a late start schedule because they already push back the start time," said Jared Day, a junior here at La Habra.

Can't skip the most important meal of the day:



"One of my favorite things about late start is that I have time to get my Starbucks or I go to Tierra Mia before school. I like getting coffee cake and a vanilla bean to start the day off right." - Delanie Monzon (senior)



"For late start I sleep in but still get up early enough to get something for breakfast. I usually get McDonalds. I like late start better so I can get more sleep," said freshman Javan Ponce.

The ScotchTape

Student Life

Forquer's Top 5

By Nate Forquer

We at La Habra Highschool enjoy the privilege of being able to go out and eat during lunch. As the school year goes on, students learn to drive and work their way out of HiStep, which means more students get lunch outside of campus. I've put together a list of some lunch spots that I personally really enjoy.



6. Jamba Juice

Jamba Juice is a quick and easy lunch option and the waffles are STUPENDOUS! Seriously, who would've thought that Jabba Juice would be a place with such amazing waffles?



5. The Bagelry

The Bagelry is within walking distance of LHHS and is a perfect place to go on those once a month long lunch Fridays. It has a large selection of different bagels and an array of ways to eat them, whether it be a sandwich or plain.

4. Taco Bell

Taco Bell is just across the street from us, and who doesn't love a Baja Blast? Taco Bell has some of the tastiest snack foods and doesn't have a long wait.



3. Panda Express

Panda Express has tons of food options for students who go off campus for lunch. Chow mein, fortune cookies, what's not to love?



2. Ono Hawaiian BBQ

Ono never fails to disappoint, and it has a lot of variety. Ono also has the most insane macaroni salad you will ever have.



1. Jersey Mike's AND Raising Cane's

What's this? A tie? Both of these places have some awesome food. Nothing beats an Original Italian Sub from Jersey Mike's, and Cane's has some killer dipping sauce. Jersey Mike's is a personal favorite of mine and Cane's is a popular spot for a lot of La Habra students.

The Struggle to Get to Class on Time

By Audrina Renteria

Being tardy to class is not a new concept; many students must deal with busy morning schedules prior to either being dropped off or walking to school. For students fortunate enough to drive, the traffic doesn't make arriving on time any easier. However, there seems to be a growing trend of students being tardy during the school day—is there enough time during our passing periods to make it to our next class?



Junior Isaiah Nojeua thinks we should have more time added to the passing period "I think we should have 10 minutes of passing period," he said. "I have a class on the other side of the school and I run every day so as not to be late."

Many students like Isaiah are in a similar situation: perhaps they are regularly late because they have to get from the 20s hall to the 230s, or from the Farm all the way over to the 110s. It seems like most

students have to deal with this reality at least once per day.

Freshman Veera Bhatia explained that the crowding in the hallways doesn't help either. "While I'm walking to class it gets really crowded and busy, then I end up getting marked tardy when it isn't my fault." All it takes is for someone to look down Main Hall between 1st and 2nd period, or between 3rd and 4th period to see what Veera is talking about. It's a huge challenge to navigate the halls during these crowded times. Should we have to face the consequences of a tardy when it is clear that we've tried our hardest to navigate through?

Unfortunately, the answer isn't as simple as just adding more time to our passing periods. Doing that would extend our school day, and with the state-mandated hour change al-



ready in effect, I don't think anyone would be too happy with having to stay at school until 4pm on a regular basis.

The reality is that most teachers seem to be understanding of the situation—all you need to do is reach out to them and explain your situation. Next time you see someone rushing down the main hall, it might be helpful for you to make way for them so that they can get to where they need to be!

From the Front Page

Theater Season is Back with *She Kills Monsters*

by Zen Rame

Adventure, Romance, and Dungeons and Dragons: all aspects that come together to create the adventurous play, *She Kills Monsters*, La Habra High School Theater Department's fall production.

The play, written by Qui Nguyen, tells the story of an average sister that goes on a not-so-average adventure to learn more about her not-so-average younger sister. This journey is told under the backdrop of the popular role-playing game, *Dungeons and Dragons*. Although the production has its very funny moments, there is still a much more serious undertone that drives the story.

With an audition of 40 people, an extraordinary cast of 15 was selected to put on this special show. With such a small show, director Mathew Migliorini ("Migs" for short) wanted to be able to tell a well-rounded story with a cast he knew would be able to do it justice. The cast includes the following students:



Alyssa Hooper as "Agnes Evan"
Yelena Semas as "Tilly Evans"
Nick Ruiz as "Chuck Biggs"
Melanie Thornburg as "Vera"
Eddie James Castro as "Miles"
Charlotte Pulley as "Kalioppe/Kelly"
Caprice Candery as "Lilith/Lily"
Katy Rios as "Orcus/Ronnie"
Lila Dominguez as "Farrah the Fairy"
Mia Soza as "Evil Tina"
Annabella Forero as "Evil Gabby"
Robert Reyes as "Steve"

Ensemble:
Rebecka Cruz
Ashley Flores
Christian Talamantes



Such complex storytelling is only as good as the sets that come along with it. With such an adventurous play that takes place in the world of a young girl's notebook as well as *Dungeons and Dragons*. The backdrop is to be seen as the inside of a notebook with doodles from Tilly Evans. There will also be projections of specific places in this world that our characters "travel" to in this imaginary world. There

will be lots of switching from the real world to the fantasy that Tilly creates since this is all how Agnes is learning more and more about her sister.

The LHHS Theater Department is also proud that this production displays the important messages of youth, relationships, love, and loss while also being the first queer-themed play to be produced at the school. The cast and crew are working hard to bring the text to life and share the important messages with audiences.

A show with more than enough times to make one cry of both happiness and sadness, this play has something for the whole family to enjoy! Come see this exhilarating story with any and all of the nerds in your life this November, all showings will be at 7 pm. Tickets will be available on the La Habra Theater Instagram (@/lahabra.theater) and the school website!



Interview with Members of the Show

What are your thoughts on telling a queer story?

Yelena: I think it's important. It's really cool to represent a character that shares the same struggles as I do, it's very personal and it's very important that this exists. It's so important to have understanding people and such an understanding cast. It's also nerve-racking because it isn't done as much as it should be. I'm excited and happy that this is happening.

Caprice: I am very excited to tell this story, especially as a queer person. Even in theater, which is a very queer thing, there are not enough queer stories. I think this is a really good thing for the school, we should have more queer productions.

Alyssa: It's a pretty cool thing because a lot of time in society we put the subject matter of being queer in the closet. I feel like it's that thing you need nowadays because there are a lot of people a part of the queer community and it's overall importance to tell.

What are you most looking forward to about this show?

Regan: I'm most looking forward to the

costumes because I think they're going to look really cool. I've never seen nor been a part of a production that had DND-based costumes. It will be cool to see the people on stage wear them as well as the lighting on them contrasting with the kind of colors on the outfit.

Mel: I'm most looking forward to the queer representation in the show. I think it's important to have a queer show with a queer cast, especially at high school age. I'm also looking forward to how fun the show is going to be! Even though I know the show is sad, I also know that it's going to be funny and cool.

Annabella: I'm most looking forward to all the set and seeing that all finished. I'm excited to be a part of a queer cast it all just overall feels like a community.

What do you hope people take away from this play?

Kimberly: I hope people take away the idea that it's okay to be who you are even if it doesn't seem "normal" in the world around you. You never know what people are going through in their personal lives and what emotions they're feeling so it's always nice to be kind and respectful to people.

Nick: What I would want for people to take away is that it takes one to know one. Maybe you don't know someone that well and maybe you want to get to know them before something happens to them, put your differences aside and get to know one.

Lila: I want people to feel that we can be inclusive and that people aren't weird, we are all people. I want people to take away that no one should be outcasted because of the things they like and who they are.

If you could create a DND original character, what would it be?

Charlotte: I would make an elf-like character because every time I play DND I always play an elf since elves are cool.

Robert: I would create a character named Gordanzo. He would be holding a dragon-land spear along with a kleng rod helmet while wearing a golden shirt and golden boots. His skill would most likely be creating a disk of light to throw at his enemies.

Katy: I would make a dark elf that's vibrant red who's chaotic good and he has a popsicle that's somewhat venomous.

Nick: If I were to create a DND character, which I already did, his name would be burger. He's a dragon-born barbarian making him half human-half dragon, he's nice!

The Arts (continued)

She Kills Monsters: An Exclusive Look into the LHS Props Department

by Isabella Montoya

She Kills Monsters, LHS Theater Program’s Fall play, is a production that calls for a big prop team, one of which we don’t have at the moment.

A Dungeons and Dragons inspired play is one that screams intricate armor, elaborate monsters and large-and-in-charge characters to boot. With all these elements being the main challenge of the prop department here at La Habra, the audience has a lot to look forward to in regards to the characters and their costumes for this fall production.

When it comes to our prop department, we have high hopes to add to our team, with plans to gain more members through-

out the duration of this show, and hopefully the entirety of this year.

Audience members will absolutely be drawn in by the story and plot of the play, but we also hope to give them another reason to come and see this amazing production by incorporating innovative props and costumes.

With everything our prop team has to make under our roughly month and a half deadline, it will no doubt be a race against the clock to get it done, but I have full confidence in our team to get it done. Our costumes, makeup, and stunning props will be a show for the audience to behold, or at the very least, be a visual aid to immerse you into the world of She Kills

Monsters and its compelling story.

Our ultimate goal would be to have a large number of members in time for our spring production, so if you’re interested in participating and helping out in our theater program, please talk to Mr. Migliorini as soon as possible. You do not have to be in a theater class to participate in any of our productions. Feel free to stop by the new theater building Tuesday through Friday and we will be there. While our prop department is small, we invite anyone that’s interested to join us in this wonderful opportunity to be part of something here at La Habra.



Art Column

by Ashley Coria

Baphomet Justiniani and Luis Salas Leon have graciously submitted artwork for this month’s art column. They were given a series of questions to where they were free to say their opinions.

Is art considered just a hobby?

“For myself, no. I want to base my career off my art.” -Luis

“For some, art is just a hobby, done purely for enjoyment in their free time, but for others, it’s their entire career. Art will never be ‘just a hobby’. Architecture and design are art, any sort of creation is art.” -Baphomet

When did you start doing art and why?

“I have always drawn, now it allows me to get my ideas out of my head and onto paper” -Luis

“My dad is an artist, and my mom had lots of art for shows she liked hung up. I’d stare at things and try to trace the lines with my eyes, follow brush strokes, so I could understand how it was done-... I also love to create. Making something out of nothing but my thoughts and my tools.” -Baphomet

Tips for other artists?

“Always practice and be kind to yourself :)” -Luis

“Instead of comparing yourself to others, look at their work as inspiration to get to where you want to be. The negative feelings attached to thinking you are a weaker artist can really hold you back. We all learn differently, at different paces-... Don’t push yourself too hard.” -Baphomet

Why are you proud of your work?

“I am super proud of this piece because it felt so good to sit down and finish this in one sitting. In my opinion, the colors, design, and line art are strong.” -Luis

“I’m quite proud of this work because it’s a four-year redo of a drawing I did in sixth grade. I used just a pen, and managed to get an outcome better than I would’ve expected.” -Baphomet

What comes to mind when you hear the term “Starving artist”?



Luis’s way of color scheme choice is admirable. The texture of the creature is present.

“I think of an unseen talent that deserves to be discovered.” -Luis

“Starving artists are really common. I myself don’t plan on a career in the art I specialize in because I know I won’t be able to support myself with it. Art is in a lower demand compared to how many people are artists.” -Baphomet

Do you believe there has been a decline in art education?

“With the spread of the internet, art is much more widespread and less elitist; in terms of who can and cannot learn about it. There are plenty of free resources to educate oneself.” -Luis

“A bit, I’d say. Advertisements for art schools or classes have been few and far between recently, and looking at the lower demand in art, it makes sense to see art education has also declined.” -Baphomet

We have a few wonderful art teachers who provide for our materials, and education in art, but how do you feel about the way



Baphomet has also shared his artwork, consisting of an old redraw from four years ago. Character designs are always unique to look at, and this is unique.

artists from LHS are presented?

“I don’t think that the artists of La Habra are put on the platform as other programs, like sports. They are definitely more of a hidden talent.” -Luis

“I find artists at La Habra High have a good amount of opportunities to showcase their incredible artworks, and I appreciate the teacher’s and school’s efforts to have young and talented artists be seen.” -Baphomet

Want your art featured for the next column? Fill this form along with some questions! Have any comments or concerns? Feel free to tell me how you feel about it >400021843@fjuhsd.org

“Heartbreak Hoco”

A Short Story by Zen Rame

It’s October! That means two things: Homecoming and fall. Enjoying the latter of the two, Eve’s never been fond of homecoming. She’s spent three years having to speed walk past weird proposals during break, lunch, before and after school, even on her way to class in the hallway. For three years she’s watched from afar and she’s been disgusted for three years...or so she thought.

It was a week before Homecoming and she was enjoying her lunch in the same usual spot under a tree where the leaves fall so gracefully upon her head. She waited for her friend there, every day. Iris. Iris, the first person that she talked to, the one that included her in groups. Iris who got her name from the Goo Goo Dolls. Eve always felt as if she was like that song. The name didn’t fall far from the song they would joke together. Under that tree, she waited for Iris every day but today felt different. She would often arrive about 5 minutes after lunch started but time passed from 6 minutes late to 10. Losing hope, Eve was about to leave for her car when she heard a shout in the distance.

“Eve! Eve, wait, don’t go!”

Eve turned back around, smiling at the sight of her friend. She dropped her stuff at the tree and walked over to Iris. Going to hug her, Iris pulled away quickly.

“Woah, be careful. I have a poster!” Iris pushed Eve back to show her the poster.

A big white poster board saying “And I’d give up forever to go to Hoco with you” with writing that was too nice for its own good and a little too much glitter for such a sad reference.

“Oh. Oh uh, congrats! I guess.” Eve said attempting to mask any sort of weird emotion she was feeling

“I know! Okay, you know the kid in our Physics class? The one that sits in the corner? You know he has the biggest smile and the loudest laugh and the smartest answers?” Iris asked quickly.

Eve nodded softly while maintaining a straight face as Iris continued.

“Okay well as you know we’ve been talking and I told him that my favorite song is-”

“Iris—like the Goo Goo Dolls because it’s the same as your name.”

“Yeah! So anyway, I told him

that...”

Eve started to tune out the rest of the story. She couldn’t stand to hear Iris talk about this boy in their class. That stupid boy. That stupid boy who’s good to her, like Eve is. That stupid boy who has fun with her, as Eve does. That stupid boy that’s friends with her, like Eve was. She knows she should be happy for her friend and she is but, there is something deeper than this feeling. Deeper than feeling scared that she’s going to lose her friend. It’s like a knot in both her stomach and her heart. This feeling made her uncomfortable, she’s never felt such a strong unbearable feeling. Jealousy? No. Never. Iris is a friend. Just a friend.

“Then he asked me for my favorite song on the poster and it was playing on a freaking speaker! I mean come on! I literally want to see anyone top that.” Iris ended her story with such content that she forgot about her friend. Once she turned back to look at Eve again, Iris quickly dropped her feeling of joy.

“Eve, hey are you alright?” Iris asked.

“I...I have to go.” Eve said abruptly, picking up her stuff quickly.

“Wait no, lunch ends in like 10 minutes! You can’t just leave.” Iris said but Eve chose not to hear her.

“Just tell Ms.Sanders I had an emergency,” Eve shouted back, not turning around, and just kept walking, tears rolling down her cheeks. The emotion she was feeling was more intense than anything she’s felt before.

Iris tried yelling and yelling but Eve didn’t want to hear it. It would only make her sadder. She quickly got into her car and began to cry even harder. This emotion of sadness was so painful because of her friend. Just her friend. Iris, yes Iris is just a friend.

She thought to herself, *So why would I feel so broken?*

End of Part One

Long Lunch Fridays Reduced to Once-per-Month

by Audrina Renteria

(continued from the front page)... to the high school and the places around the school that we are going to be familiar with for the rest of high school,” he said. As a Freshman in the Freshman Focus program, Abel is part of the first freshman class to not have the privilege of Long-Lunch Fridays - something most Freshmen will get to experience until fourth quarter, when the program concludes.

Edmond Contreras, another freshman here at LHHS, explained that he enjoys the regular Friday HiStep periods because “it’s a period when I don’t have to focus on just one assignment. I can work on different assignments from different classes and not be pressured by time.” This contrasting view shows the given benefits of having a dedicated time every day to catch-up on your work. Students who take advantage of this time seem to have less stress after school since they have a chance to finish their homework while at school.

Although HiStep does help students get their homework done, I still think that we should have a long lunch, that’s what we have Monday-Thursday Histep for. Couldn’t we get our work done then and then still enjoy the regularity of a longer lunch time on Fridays? If we were to have Friday long lunches back then students will soon see it as a reward for all their hard work they had done Monday-Thursday at HiStep. Students used to look forward to Friday to be able to have free time for an hour to spend time with friends but that has been taking away from us students.

The FPFA Program

by Ashley Coria

There are many programs and academies that La Habra High School has to offer, The Forensics, Police, and Fire Academy (FPFA) is amongst the top that gives students vital opportunities with a hands-on learning experience throughout all four years.

FPFA offers courses that are related to the subjects of

ogy behind science, human minds and more.

FPFA also offers its final step of Public speaking, which is also essential to personal growth development. Speak professionally in interviews, presentations, and more. The seniors of FPFA dress up in formal clothing on a regular basis wearing



Science, English, and History. This is a four-year program that prepares students for careers in the fields of science, Forensics Science, and Police. It is important to know the mandatory classes you will have to take in order to receive the FPFA cord, which will make you look bold when you walk for graduation.

FPFA fits in perfectly with you if you're interested in the police academy. There is so much you can learn throughout this program. Take specific classes in order to work up that career. There is Introduction to Fire Technology, Introduction to Medical Careers, EMR, and EMT—The choice is yours! Some might even pick FPFA because they are interested in the mysteries out in the world or the physiol-

clothing items such as ties, suit jackets, dress shoes, etc. With that our seniors this year are looking quite fancy.

Meet many wonderful people in FPFA where people will stick with you in English and History as well as in your science/FPFA class. Meet supportive teachers along the way and participate in events both on and off campus. FPFA also offers the "Promise Program" for seniors who are ready to go to college!

FPFA has many great opportunities for you, and it can hold your interest. Feel free to join anytime and even take a class for a bit to learn more about the mysteries in the world.

Want to join FPFA or have questions? Contact the lead of FPFA cfanning@fjuhsd.org

Heritage at LHHS

by Maddie Rodriguez

The Heritage Humanities Magnet Program has been offered at La Habra High School since 1991. The goal is to better prepare students for college and help them become better people and active members of society.

LHHS Heritage was founded in 1991 and is currently run by Mr. Char, who also teaches senior Heritage students in Government and Econ. Heritage is a four-year college preparatory program for college-bound students who hope to get more out of their education and give back to their community. It's the program

Everything You Need to Know about NJROTC?

by Jiya Ayir

Joining any branch of the military can be seen as a rather difficult endeavor. However, through such programs like NJROTC offered here at La Habra students can learn about several benefits that can be earned for making this commitment.

The Navy Junior Reserve Officer Corp (NJROTC) is designed to walk students through the process of the way the military works, even giving students a glimpse into future careers in the military. This leadership program gives you a perfect head start helping you develop strong self discipline skills, self confidence, and strong leadership skills as well.

NJROTC is a citizenship and leadership development program for high school students. While it is based on a military model, cadets are not required or even expected to serve in the military upon graduation. Cadets learn about different career and education opportunities so they can make good decisions about what they want to do with their lives after graduation.

Throughout NJROTC's four year curriculum, cadets, as students in the program are referred to, get experience in many

different academic areas such as different practical applications of science in the fields of physics, astronomy, aerodynamics and ship construction. They also develop skills not taught in other classes like military history and the impact of the military and NASA on the development of technology. Cadets will also learn elements of healthy living,



with the most university acceptances, valedictorians, and National Honor Society students. La Habra offers traditional and Honors/AP heritage, but either path strives to prepare students for college and teach them to be active members of society.

Heritage teachers are like no others on campus. Mr. Lopez and Mrs. Hail are the US History and English 3 teachers for Traditional Heritage juniors. The two of them have adopted the philosophy in their classrooms that students are worth more than a grade, and they center their classes around making sure every student has an equal opportunity to learn.

It is very important to them that each and every student in their classes has a voice and the opportunity to get the most out of their education. During her interview, Mrs. Hail said, "Every single kid can create something amazing."

When they were asked why they chose to be Heritage teachers Mr. Lopez responded with, "It was my 2nd year teaching and I heard about the program and I liked the idea of what the program could be. I like the idea of collaborating with others." Mrs. Hail said, "When you have another person that you work with who's

including how to exercise properly and the dangers of substance abuse.

Cadets are required to wear their uniform every Wednesday and on those days there are regulations that apply to hair styles and the amount of makeup and jewelry they can wear. Cadets also have physical training twice a week, and must wear their unit PT clothes on those days. On top of the aforementioned requirements, these are the basic expectations from every cadet:

- Treat everyone as a human being; all human beings deserve respect.
- Do your best, every day.
- When one of us succeeds, we all succeed.
- Remember: you are a cadet 24/7.

Commander Ballister also explained the benefits of joining the US Navy, which include the following:

- Guaranteed paycheck and cash bonuses.
- An annual 30 day vacation (which is paid for by the Navy)
- A low cost life insurance
- Health and dental care through Tri-care

-Full help on college tuition, books and covered living expenses.

If NJROTC or a future in the military is something that interests you, make sure to reach out to Commander Ballister as soon as you can so that you can find out how to join the program.

just as passionate and shares the same philosophies as you, I think it has the possibility to create something really special." They love the fact that they can make learning fun and meaningful for their students. Heritage is the perfect opportunity to make students feel like they are learning something meaningful.

Students in Heritage get the opportunity to meet a lot of new people and experience things that nobody else on campus gets to experience. Students get to visit colleges and go on other cool field trips in order to take their learning to the next level.

Nadia Villalobos, a Traditional Heritage senior, says, "My favorite part about being in Heritage is the people. I enjoy the courses I'm taking and the courses I took already"

Seniors in heritage this year will do a twelve week service learning project. They will go to elementary schools nearby and assist teachers in their classrooms. This service learning project hasn't happened for the past two years due to COVID, but Mr. Char is bringing it back this year. Heritage students will finally get the chance to be a part of the community, where they belong.



On the 14th and 15th of September, LHHS held their first Club Rush of the year! There were many clubs. I have chosen three of them and conducted interviews with the presidents and/or vice presidents.



Animal Club
President Regan Dodero, a senior here at LHHS, said, “Animal Club is a new club this year which is focused on volunteering for local organizations and raising money to support endangered species and shelters. In the club, we plan on discussing and offering service opportunities, hosting fundraisers, creating crafts including animal toys or clothes for our own animals and for donating, and overall discussing our favorite animals and our pets with other people who love animals.”

What is your goal for Animal Club?
“The goal that I have for this club is to give people the opportunity to support people in the community who are working for animals and to meet other people within the school who enjoy the company of animals and have a passion for helping them,” said Regan.



Baker’s Club
President Mary Molina voiced, “In the Baker’s club, we are going to have potlucks, bake sales, and tutorials on how to make food. For the bake sale, whatever we profit from, we will give to charities and organizations.”

What is your goal for Baker’s Club?
“Our goal for this club is to build a kind and accepting community that brings everyone together with food. I have wanted to make a club ever since freshman year. At first, I was going to do a foodies club but I wanted to change it because of Mr. Ramos. I loved his culinary class and I wanted to share it with other people,” said Mary.

Want your club featured in a future issue of *The Scotch Tape*?

Reach out to Mr. Neavez today at aneavez@fjuhsd.org



Books w/ Movies Club
“The Books w/ Movies Club votes on books to read that have movies based on them. We will come together to vote on a book, and at our next meeting, we will discuss what we thought about what we read. We will listen to a chapter or two via audiobook together, and do the same at meetings until we finish the book. After finishing reading we will watch the movie and then compare the two. We hope for people to come together to see how literature is portrayed in the media by so many different generations.” said Vice President Victoria Vallin.

What is your goal for Book W Movies Club?
Victoria explained, “My best friend, Priscilla Cruz (the president), and I (the vice president) decided to start the club to create a place where people feel comfortable sharing their opinions on how different literature and film are, and how they both tell the same stories in different ways. We wanted to bond with other LHHS students on some of our favorite books and introduce them to others. We also wanted to be able to read books that we might’ve never gotten to without this club.”

The Journey to Recovery

by Gabe Calhoun

In our world today, people seem to be turning more and more to illegal drug usage to cope with mounting stress and the bleak reality of our existence, believing that drugs are the answer to any suffering. The truth, however, is that although drugs may seem to cover the pain, it also creates more pain by taking away pain.

In my opinion some reasons why people may use drugs to cope with stuff or to just use them in general is the feeling you get when you do them, but the more you use them the more you ruin yourself mentally and physically. Most drugs have side effects that can be permanent like some can make you depressed for long periods of time, some other ones can just make you shake continuously forever, and some other drugs can just ruin the way you think about things.

As a recovering drug user I know how it feels to use them. And I know what would go through people’s mind when doing them, like the feeling of regret, since they

don’t want to do it but they want to cover the pain. But it also can stick to the end of our mind and it can cause more problems than you already have.

But there are ways to cope with the resulting pain from common life experiences instead of using drugs. For example, just think and pick something that you like to do; for some people it may be hanging with friends, or doing a sport, or just doing something that doesn’t involve having to do with drugs.

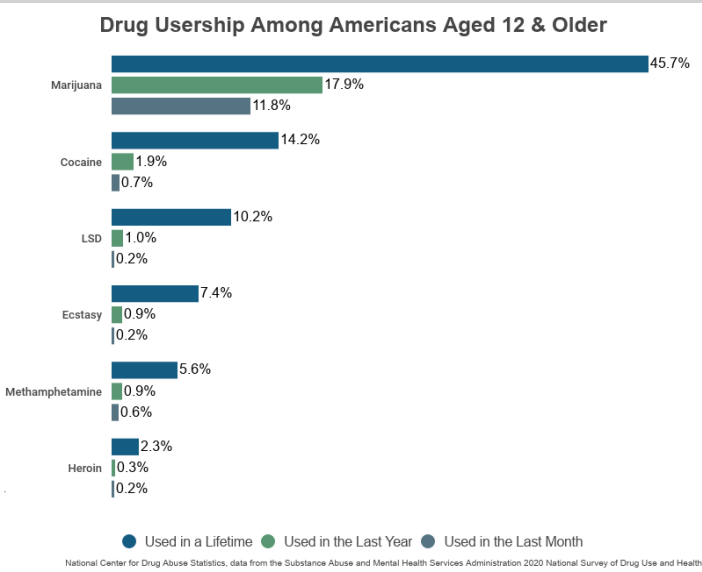
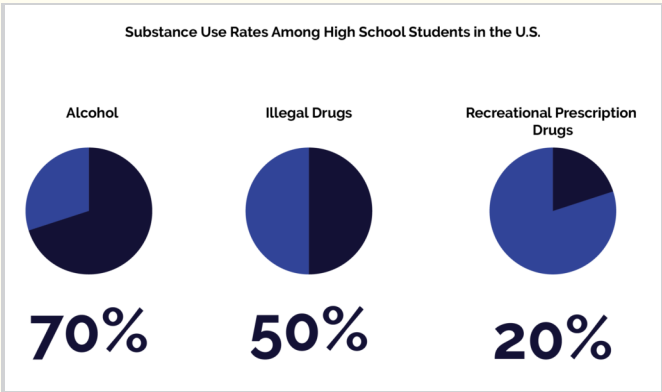
What may also help is just talking to someone about your situation, for example a good trusted friend, a trustworthy adult, or a counselor or therapist.

I know it can be hard to stop doing drugs in general and I completely get it, it can be hard when you’re addicted to something.

Two specific things helped me to stop my own drug usage. The first was

simply asking myself “How is this helping me?” The second, and the most impactful moment for me, was when my little sister asked “Why is my brother acting so weird?”

The journey to recovery is not simple and easy, but with the right support network, it can be achieved. The hard aspects of life never truly go away, but what matters is that we don’t give up, and we keep going.



Pumpkin Chocolate Cookie Recipe

by Isabella Montoya

With the arrival of October everyone seems to have a sudden craving for pumpkin spice themed everything. Today we have a wonderful cookie recipe lined up for you, to satisfy your pumpkin spice cravings.

A mix between a chocolate chip cookie and pumpkin spice flavors, these pumpkin chocolate chip cookies are sure to be a household favorite for the autumn season. What better way to enjoy this fine sweater weather (although it feels like sweating weather) than with a plate full of fragrant pumpkin chocolate chip cookies that are sure to make the house smell better than a bath and body works pumpkin spice candle.

All you'll need to fill your house full of flavor is:

- 1/2 cup butter melted and cooled down (you want soft butter, not liquid)
- 1 cup pumpkin puree
- 1/2 cup dark brown sugar
- 1/2 cup of granulated sugar
- 1 egg at room temperature
- 1 tsp vanilla extract
- 2 cups of all purpose flour
- 2 teaspoon baking powder
- 1 & 1/2 teaspoon pumpkin spice (add more for more pumpkin flavor)
- 1/4 teaspoon ginger (add more for more gingery flavor)
- 1/2 teaspoon of cinnamon
- 1/4 teaspoon salt
- 1 cup semi-sweet chocolate chips



Instructions

To get started preheat your oven to 350° F.

In your large mixing bowl, whisk together the softened butter, pumpkin puree, brown sugar, granulated sugar, egg, and vanilla extract until smooth.

Slowly mix in flour, baking powder, pumpkin spice, ginger, cinnamon, and salt until the mixture is well incorporated.

Mix in your semi sweet chocolate chips.

Put your dough mixture into a large ziplock bag to substitute for a piping bag or an actual piping bag if you have one and proceed to pipe your cookies onto your baking sheet lined with parchment paper.

Then pop them right into the oven for 15 to 16 mins. If the cookies still seem undercooked, pop them back into the oven for 5 minutes additional minutes. If they still seemed undercooked, put them back into the oven in 5 minute intervals.

To keep your cookies tasting fresh out of the oven, pop them in the microwave for 15 seconds.

with the warm fall scent. You will need: cinnamon sticks, a candle of your liking, a rubber band, and some ribbon/twine

Step 1- Place your rubber band in the center around the candle

Step 2- Start placing the cinnamon sticks between the candle and the rubber band (the rubber band is to hold in place the cinnamon sticks around the candle)

Step 3- Once you are done placing your sticks, tie the ribbon or twine of your choice and tie it around the candle to cover the rubber band and add any other decorations you'd like and you're done!
<https://www.homestoriesatoz.com/holiday-ideas/cinnamon-stick-candles-fall-ideas.html>



Fall DIYs

by Allie Valentine

Sweater weather is finally here! So, get ready for the leaves to fall and to breathe in the sweet smell of pumpkin spice. To start your fall off right, here are some festive crafts you can make for your friends and family, or simply to decorate your home for this wonderful season.

Scarecrow Mason Jar - adorable DIY decoration made with only 10 materials. You will need: glass mason jar, paint primer, paint (tan color), orange paper, glue stick, buttons, burlap fabric, natural raffia, fall ribbon, and fall flowers!

Step 1- prime and paint mason jar and allow to full dry

Step 2- cut out a triangle from the orange paper for the nose and glue it on. Make sure you really glue the edges! And add lines along the outside

Step 3- (optional) trace the stitch of a bright smile on a piece of paper to use as a stencil to draw on the jar, or just wing it!

Step 4- Glue on button eyes any way your prefer

Step 5- Cut a strip of burlap fabric that is 2 inches wide and long enough to wrap around the jar's lid. Trace the top of the jar in the center of the larger circle and cut away the smaller circle

Step 6- Glue the long piece around the jar's ring keeping the overlap minimal and cover the jar's seal with the smaller circle. Slide the larger circle down around the jar's lip. Screw the lid into place.

Step 7- Add any other accessories you like and you are done!
<https://www.easypeasyandfun.com/scarecrow-mason-jar/>

3 Step Cinnamon Stick Candle- one of the best ways to get in the fall spirit is to light a beautifully decorated and festive candle



Soccer at La Habra

by Gabe Calhoun

Playing soccer at La Habra High School not only gives students a great opportunity to improve their skills at the game while getting vigorous exercise, but also to meet new people and build lifelong friendships.

Senior, Enrique Gutierrez, currently plays on the Varsity Boys Soccer



Photo Courtesy @LHHSBoys Soccer (Twitter)

team as goalie. During his time on the team, he has made many friends who he sees throughout the day, often performing an elaborate handshake with those that he gets right on the first try. While reflecting on what he likes about playing soccer at La Habra, Enrique said, “It’s about the people on the team and the coaches that help us get better throughout the season.” Seeing how he interacts with his teammates and friends certainly shows the positive impact the program has had on him and all players.



Photo Courtesy @LHHSBoys Soccer (Twitter)

“I joined the soccer team because I enjoy playing the sport and I wanted to get more experience,” He continued. “The benefits go beyond that as I’ve made new friends who also get to play the same sport that I love.”

One thing is clear: the culture that has been created for the LHHS Soccer team is perfect for anyone looking to expand their own love of the sport.

Golf: The Underrate Sport

by Brian Bohe

Golf—the unique sport where the lowest score wins, is open to players of all ages, meaning that it is never too late to build a passion for the game.

Here at LHHS the Girls Golf season is currently in full swing, with the Boys Golf season beginning this Spring. Senior Julianne Canda, the captain of the Girls team, said that the “Season so far is going really well—we have a really good schedule and we practice frequently so we are performing great.” These practices have transferred well into competition, as La Habra recently won matches against Sonora and Fullerton, and Julianne even took first place at a recent tournament!

Many people are skeptical about the idea of joining golf due to the negative ideas and opinions that are carried along with it.



“I think it’s a great opportunity, golf is an equalizer,” said Coach Cody Verdugo. “[Golf] doesn’t care what size you are or how much experience you have, golf is just a number and if you’re capable of shooting that number, it will determine where you’re at on the team. That has nothing to do with me or your experience; it’s just all a score.” Coach Verdugo hopes to continue to grow the team, especially since the team numbers have trended downward since the COVID-19 Pandemic.

“I really like the group of players that we have,” Coach Verdugo said, “tryouts are in December and we have a great time and a great group of kids.”

For more information about upcoming try-outs, you can contact Coach Verdugo via email or visit him in Room 113.

Fall Football Returns

by Max Manzer

Sports fans rejoice: football season is upon us! With many crazy offseason moves, there will be spotlights on many different teams. Can the Los Angeles Rams hold onto their crown, or will a new team rise to the top?



Photo Courtesy the NFL

One of the biggest surprises so far has been Miami Dolphins quarterback Tua Tagovailoa, who had initially been thought a draft bust, Tagovailoa is showing up big at the beginning of this season, bringing his Dolphins to a 3-1 start.

Unfortunately, it has recently been revealed that Tua has suffered a concussion two weeks in a row. After being misdiagnosed the first time, he seems to be in rough condition. Let us hope for a speedy recovery.

On the other side of the league, the Las Vegas Raiders have gotten off to an 0-3 start. This season seemed to be promising for the Raiders, and although this has been a poor start, there is ample time to turn it around.



Photo Courtesy the NFL

Most teams in the league are hovering around the one or two win mark, which is a completely acceptable place to be. It is safe to say that if your team is on the board, you have nothing to worry about just yet.

No matter how your favorite team started, this is no indication on how the season will end. With how early it still is, anything can happen.

Don't Worry Darling's Venice Premier

by Maddie Rodriguez

On September 5, 2022 Don't Worry Darling, directed by Olivia Wilde, premiered at the Venice International Film Festival. The cast made their appearances on the red carpet and made their way into the theater to kick off the worldwide release of the movie.

Don't Worry Darling, starring Florence Pugh, Harry Styles, and Chris Pine. is a horror/thriller film set in the 1950's about a couple living in an experimental town.

and drama. There had been tension before the premier between Pugh and Wilde, mostly about Wilde and Styles' relationship, but it became obvious when Florence missed the international media Q&A.

It was speculated that this absence was due to her filming Dune: Part 2, but she later arrived in Venice dressed head-to-toe Valentino. It appeared that Chris Pine was also not having a good time at the press conference especially

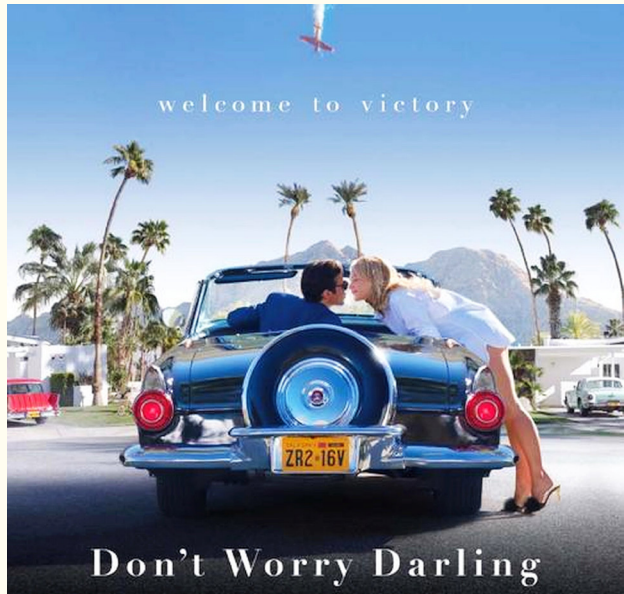


Photo Courtesy New Line Cinema

Alice, the main character, starts to realize that there are cracks in her seemingly perfect life and she begins to uncover something sinister. The movie was released worldwide on September 23 and so far has a 38% on Rotten Tomatoes

when Harry Styles delivered his, now famous, line "My favorite thing about the movie is that it feels like a movie." Pine, like the rest of us, was visibly confused by this statement but decided to remain quiet and emotionless.

Despite the dra-



Photo Courtesy Getty Images

ma, Don't Worry Darling has been very successful in the box office garnering \$19.2 million as of the 25th.

Despite the movie being well-received by the general public, the premier did not go without sparking controversy

Will DC's Black Adam be Dead on Arrival?

by Jacob Metzen

(continued from the first page) Marvel Studios has spent much of the past ten years branching out to TV shows on various platforms that are essential to the continuity of many future Marvel movies. This also leads to many crossovers fans would be willing to see.

DC, on the other hand, has focused on making movies that exist mostly independently from one another, or that lightly touch on events that took place in say 2017's Justice League or 2020's Wonder Woman 1984.

For average moviegoers, this is appealing because they need zero context from previous movies or shows, but it leaves fans who long for that "Marvel-style" interconnectivity wanting more.

However, the film crew is given more freedom to make their own movie that doesn't

necessarily have any ties to the previous film which could make production easier and cheaper which may be why DC and their directors stick to this way of filmmaking.

So what does this mean for Black Adam? Its director Jaume Collet-Serra has directed many moderate movies including The Jungle Cruise and The Shallows and its star actor is Dwayne John-

son who recently has proved his movies are very successful. So will the direction of the movie be the same as the previous films? Or will it be the movie that truly kicks off DC's extended universe of comic book characters?



Photo Courtesy DC



Photo Courtesy DC

GLDMTH: The Album

by Ivy A. Russell

On September 23, 2022 the lead singer of Mother Mother released a solo album. The band known as Mother Mother started in 2005. They released their first album, Touch Up, in 2007, and have gone on to release many more. They were almost unheard of in the United States until one of their songs, "Hayloft," went viral on Tiktok, followed by several more of their songs. Since then, their popularity has grown drastically.

They are known for their energetic music, partnered with raw and honest lyrics. Each album they've released seems to have their own personality, riveting fans in their own unique way.

Then, lead singer Ryan Guldemand, made an announcement on his instagram. He would be turning his account into a solo project to work on music, photography, videography, and poetry. Ryan assured this would not affect Mother Mother at all. "By no means does GLDMTH suggest that Mother Mother will be slowing down," he wrote. "Quite the contrary. It only

means there will be more music and art of different flavors to go around."

The album is called GLDMTH, pronounced as "gold-mouth," and it is the literal translation of his last name. Its themes revolve around self-examination, mortality, spirituality, and heartbreak. Before the big release, Ryan made available a song called, "The People," which is the eighth song on the album. With a tragic, murky melody, he opens the door to his mind and shamelessly introduces us to the people inside. Eerie sounds shadow the music as he sings, alone and genuine.

In the song, Guldemand sings "Awe shucks, you gotta be nuts to be sane in a crazy world." To me, he's enunciating the challenge to feel normal or "sane" in a world that's seemingly growing more

and more chaotic.

The album is available on Apple Music, Spotify, Amazon, and you get it in vinyl and CD format.



Photo Courtesy Warner Records